



# THE TIMES OF INDIA

www.toistudent.com

CLICK HERE: WWW.TOISTUDENT.COM

**1 ONE NATION, ONE VOICE:** A group of 100 singers, including Asha Bhosle, Kumar Sanu and Sonu Nigam, have recorded an anthem for the frontline warriors fighting the coronavirus pandemic

**2 CONTEST: HAVE YOU TRIED COLLABORATIVE WRITING**  
<https://toistudent.timesofindia.indiatimes.com/news/leadership/contest-have-you-tried-collaborative-writing/51079.html>

**3 RACE FOR COVID-19 VACCINE INTENSIFIES**  
<https://toistudent.timesofindia.indiatimes.com/news/top-news/race-for-covid-19-vaccine-intensifies/51040.html>

**STUDENT EDITION**  
 TUESDAY, MAY 5, 2020  
**WEB EDITION**



APP-LY IT FOR...



## FOCUS AND MOTIVATION

**CLOCKWORK TOMATO:** A timer and activity logger, it aims to boost productivity by breaking down work periods into 25-minute slices, separated by short breaks. The idea is to move away from your desk and do something completely different, perhaps fun, active or relaxing.

**APP: ALARM.MY:** Billed as the app that will make your roommates hate you, Alarmy can be set up to not switch off until you take a photo of something specific – ie the front of your house – which ideally encourages you away from the duvet and into study mode.

**APP: WRITTEN? KITTEN!** Struggling to write that essay or novel? How about a cute kitten picture reward every time you write 100 words? Written? Kitten! offers just that.

**APP: COLD TURKEY:** So obsessed we are with distracting ourselves with random web browsing that there are, of course, countless apps which now allow you to block websites that you find divert your work. You can look forward to receiving a joyful message of encouragement when you try to click on one of your banned sites.

**irecommend**

### 'BOOK OF HOPES' DEDICATED TO COVID-19 WARRIORS

Bloomsbury has launched award-winning author Katherine Rundell's 'The Book of Hopes: Words and Pictures to Comfort, Inspire and Encourage Children in Lockdown' as a free PDF on the website of its National Literacy Trust, [literacytrust.org.uk/bookofhopes](https://www.literacytrust.org.uk/bookofhopes). The book features over 110 authors and illustrators aiming to foster hope in children via delightful and comforting stories

**TO READ IT, CLICK:**  
[https://issue.com/bloomsburypublishing/docs/the-bookofhopes\\_interactivepdf](https://issue.com/bloomsburypublishing/docs/the-bookofhopes_interactivepdf)

## LIFE IN POST COVID WORLD

### Will 'BUNKERING' be our new lifestyle?

Did you know presently, we are leading a life of 'bunkering'? Yes, you heard it right. It is a term that was popularised by New York-based futurist and marketing consultant Faith Popcorn in 2015. So, what is bunkering? We find out...

"Bunkering means an impulse to go inside when it just gets too tough and scary outside," says Dr Sonal Anand, Psychiatrist, Wockhardt Hospital, Mumbai. In fact, according to her, "Our homes have become our castles where we retreat and avoid interacting with those around us (except via social media)."

#### THE CHALLENGE

While bunkering may be the new normal, it will raise problems like nature deficit – not getting to see greenery, sky and fauna. To fight this, "watch videos about nature, use binoculars for bird watching from home, among others," suggests Dr Santosh Bangar, a psychiatrist.



#### THE BIG Q: WILL THIS LIFE CONTINUE AFTER THE PANDEMIC?

"Staying in is definitely going to become the new normal, even after the virus goes away. Fear of the next pandemic or any other apocalypse has always been the number one fear for the human race. It might take quite a long time for people to get back to pre-pandemic state," explains Anand

### THE FUTURE OF FLYING

According to experts, flying norms is surely going to change post the pandemic. Here are some of them...

- Report to the airport three hours prior to your flight departure
- Contactless check-in
- Pre-flight briefings
- Mask at all times (including in flight)
- 2 or 3 temperature checks per person



- Strictly one carry-on (5 kg)
- Floor markers everywhere in the airport
- Hand sanitisers at every point
- Alternate check-in counters
- Cabin aerosol disinfection
- Training of staffs for COVID emergencies
- Crew temperature check
- Health declaration before arrival at the airport
- Temperature check on arrival
- Transit passengers can't leave airport
- Additional food safety guidelines
- Immediate isolation of sick passengers
- 'Sanitagging' of bags along with UV sterilisation
- Much longer boarding/dismarking process
- Socially distanced waiting areas

### HRD ministry formulating guidelines for schools, colleges to ensure social distancing when they reopen

New seating matrix (specialised and adaptable seating), staggered classes, different mess and library rules, revamped hostels and canteens could be part of students' socially-distant lives in schools and colleges when they return. According to reports, the HRD ministry is formulating safety guidelines to be followed whenever classroom learning is resumed.

For schools, suspension of morning assemblies and sports activities in the playground, norms for school buses, do's and don'ts in washrooms and cafeterias and regular disinfection of entire buildings, could be part of the guidelines. Masks will be mandatory part of school uniforms. For residential schools, guidelines will detail social distancing norms to be followed in mess and hostels.

### Harry and Meghan's biography to be published this year?

BOOKS



A biography on Harry and Meghan, the Duke and Duchess of Sussex, is all set to hit the stands soon. According to 'Daily Mail', the book titled 'Finding Freedom: Harry and Meghan and the Making of a Modern Royal Family' is set to be released worldwide online on August 11, with the hard copy on sale from August 20.

Written by journalists Omid Scobie and Carolyn Durand, a description of the biography on Amazon promises to offer an 'honest, up-close, and disarming portrait' of the 'confident, influential, forward' Prince Harry, 35, and Meghan Markle, 38



FACTOID

### 7.7 CRORE

People across the globe watched 'Ramayan' on Doordarshan on April 16 – a world record in itself. Aired again after 33 years, it has become the highest viewed entertainment programme globally. Written, produced and directed by Ramanand Sagar, Ramayan, first aired on Doordarshan in 1987 and acquired a cult status over the years.

### NEWS IN BRIEF

CLICK HERE FOR MORE

### APPS DON FACE MASKS TO PROMOTE HEALTHY PRACTICES AMID COVID-19

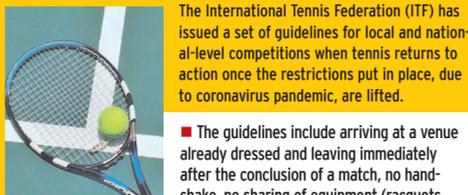


TECH

Internet companies like Urban Company, MakeMyTrip, Dunzo, HealthifyMe and Zomato are changing their social media handles and app icons to promote wearing face masks as a hygiene practice amid the COVID-19 pandemic.

Apna Mask initiative – an effort by StartUpsVsCOVID is promoting homemade masks and aims to drive behavioural change to ensure that people wear masks. The #ApnaDeshApnaMask campaign kicked off by many startup stalwarts have garnered 100 million outreach across digital platforms, including WhatsApp, Twitter, Facebook and Instagram. Others like TOI has started a mask campaign

### No doubles match, no handshake: New 'return to tennis' guidelines



SPORTS

The International Tennis Federation (ITF) has issued a set of guidelines for local and national-level competitions when tennis returns to action once the restrictions put in place, due to coronavirus pandemic, are lifted.

The guidelines include arriving at a venue already dressed and leaving immediately after the conclusion of a match, no handshake, no sharing of equipment (racquets, towels, water bottles, etc), no doubles matches. It also says that competitions should be held without spectators

GOOD CAUSE



### New York Girl Scouts are counting the birds in their backyard

New York-based Girl Scout troop has embarked on a unique bird-counting project, ahead of annual Global Big Day, a counting of the world's birds, on May 9. Each girl will stay in her own backyard or hike solo with members of their own households and report their birding observations online. The project, known as 'Girls of a Feather' gives the troop the opportunity to learn by working with Cornell University's Lab of Ornithology in Ithaca.

To participate in this global bird counting project, you can sign up on [www.ebird.org](http://www.ebird.org)

### Emissions declines will set records this year



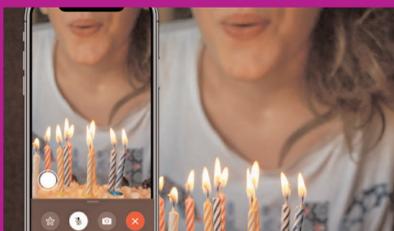
ENVIRONMENT

Global greenhouse gas emissions are on track to plunge nearly 8% this year, the largest drop ever recorded, as worldwide lockdowns to fight the coronavirus have triggered an "unprecedented" decline in the use of fossil fuels, the International Energy Agency said. Many countries are using less electricity as offices, restaurants and movie theatres are closed.

Despite the record drop in emissions, scientists cautioned that the world faces an enormous task in getting global warming under control. The UN has said that global emissions would have to fall nearly 8% every single year between now and 2030, if countries hoped to keep global warming well below 2 degrees Celsius

B' DAY CHEERS

### Want to celebrate your bday? Blow out the candles on a virtual call



In a strange twist, a pandemic birthday party might actually be the easiest party you ever throw. A birthday party under normal circumstances takes hours of preparation: cooking and cleaning, decorating and primping. This year, you only have to get dressed from the waist up and tidy the corner of your home that people can see on video chat. You can also take advantage of the new format to include far-flung family and friends who might not have been able to join an in-person gathering.

#### MAKE IT HAPPENING

- Make sure people have clear instructions on how they can attend a virtual call.
- Zoom works, but you'll be limited to a 40-minute trial, if you do it for free. You could also try a Google Hangout, which is free and unlimited.
- On the invitation, put the start time (with your time zone, if you're inviting people from different regions), as well as detailed instructions for how to join the call.
- As host, call on people. Organic group conversation over chat is almost impossible, and everyone will be glad to have a chance to speak.
- (Remember cloud platforms for video and audio conferencing may have privacy issues. Do a thorough check before sending out invites)

You share your BIRTHDAY with

**KARL MARX, MAY 5**

Karl Marx, a German philosopher, economist, historian, sociologist, political theorist, journalist and socialist revolutionary, is best known for his 1848 pamphlet, 'The Communist Manifesto', and 'Das Kapital'

GET INSPIRED

### The greatest minds flourished DURING SELF ISOLATION

They say challenges bring new opportunities and enable us to push ourselves. Here's how these personalities turned adversities into success...

#### SHAKESPEARE



William Shakespeare, who was compelled to turn to poetry, when the theatres shut down during the bubonic plague in Europe and Asia, wrote 'King Lear', 'Macbeth', and 'Antony and Cleopatra', some of the most brilliant works of art.

#### EDVARD MUNCH

Munch, the artist of the iconic 'The

Scream' painting, who had a traumatic childhood of isolation used these experiences to develop "macabre sensibilities," which in turn impacted his art and became a full blown career for him.

#### ISAAC NEWTON



Newton, famous for his laws of physics, began developing his own theories including the path the Moon takes around the Earth, when Cambridge University was forced to close in 1665 due to plague.

